



## Dharma doll

The first Dharma dolls are said to have been made some 300 years ago at the Sorensen Dharma Temple in Takasaki City in Gunma Prefecture, modeled after the Zen monk, Bodhidharma. The eyebrows and beard represent the crane and the turtle, long considered symbols of longevity in Japan, and the dolls are popular as good luck charms.

It is traditional to paint in the left pupil (the right one facing you) when you make a wish, and then paint in the right pupil when the wish comes true.

Also, it is said to be most lucky to place the doll so that it faces south.

In Japan, red and white are considered lucky and these are the usual colors for a Dharma doll. There are other dolls with different colors, based on oriental astrology, so you can select the color of the doll based on the nature of your wish and your lucky color, increasing the fun and perhaps the efficacy of the charm.



\*We'll use the red Dharma doll as our model.

### ★ Assembly Instructions

- 1) Carefully cut out the parts.
- 2) Make mountain folds and valley folds along the dotted lines, as indicated by the directions.
- 3) Assemble the parts in the order shown by the numbers on the glue tabs. (Read the Explanation of Symbols for more information.)
- 4) Attach the parts in order. (Read the Explanation of Symbols for more information.)
- 5) Your Paper craft model is finished!

### ★ Tools

Scissors, glue (We recommend craft glue.)

### ★ Caution

Keep glue away from small children.  
Be careful not to cut your fingers when using scissors.  
Fold the folding lines before gluing.

### ★ Explanation of Symbols.



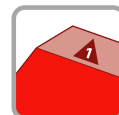
————— Cut line



- - - - - Mountain fold



- - - - - Valley fold

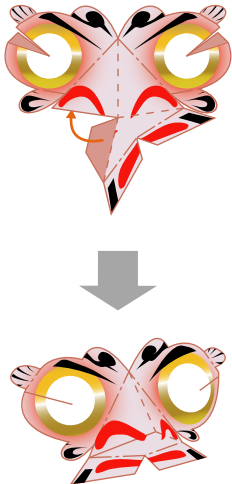
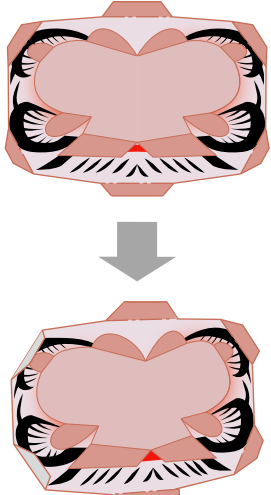
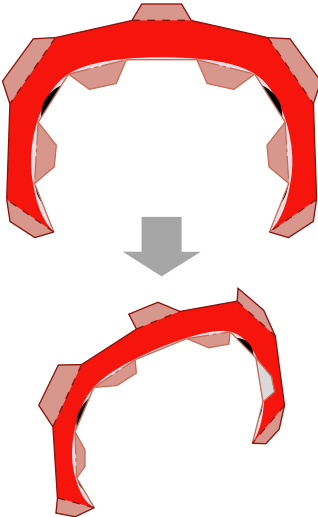
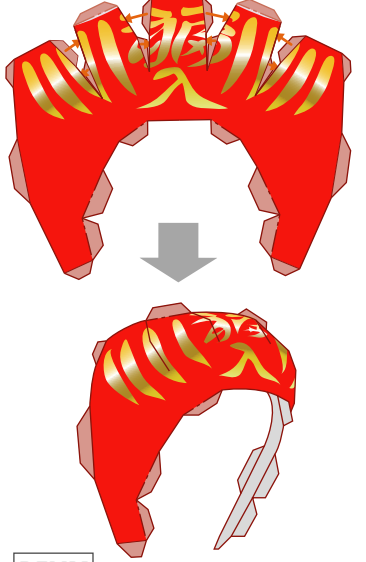


**△ Numbered glue tabs**  
Glue the parts together in the order indicated by the numbers.

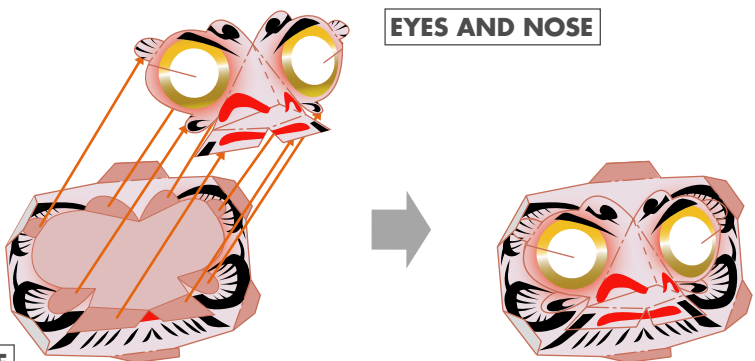


**△ Glue tabs with symbols and part names.**  
These tabs are to be glued onto the matching parts, which name is indicated on the tab.

★ Assemble the front.

<p><b>1 Eyes and nose</b></p>  <p><b>EYES AND NOSE</b></p>	<p><b>2 Face</b></p>  <p><b>FACE</b></p>	<p><b>3 Hairline</b></p>  <p><b>HAIRLINE</b></p>	<p><b>4 Belly</b></p>  <p><b>BELLY</b></p>
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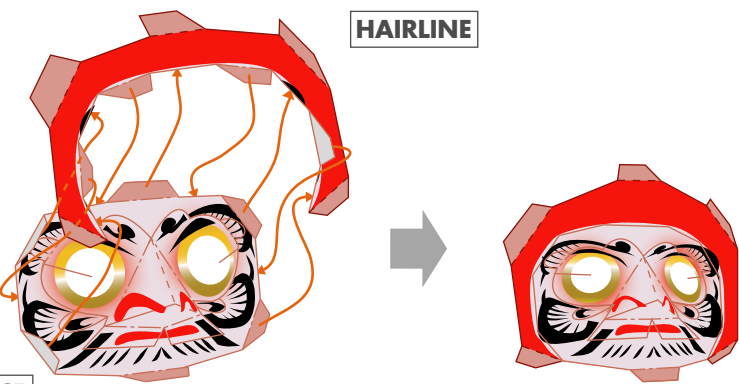
**5 Paste the eyes and nose onto the face**



**EYES AND NOSE**

**FACE**

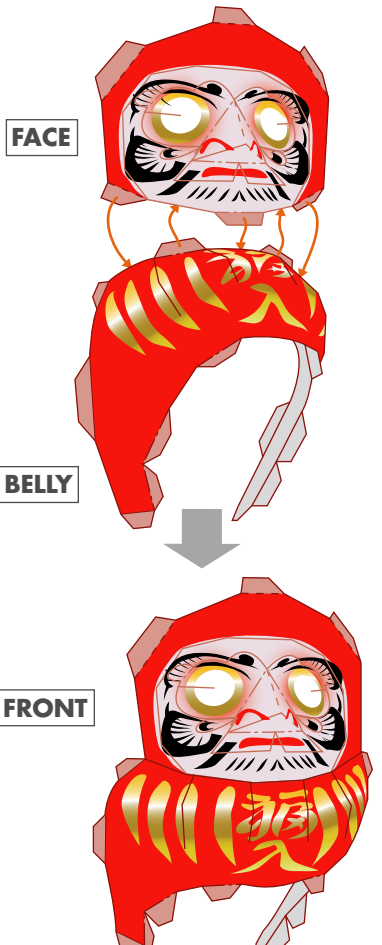
**6 Paste the hairline onto the face**



**HAIRLINE**

**FACE**

**7 Assembling the front**



**FACE**

**BELLY**

**FRONT**

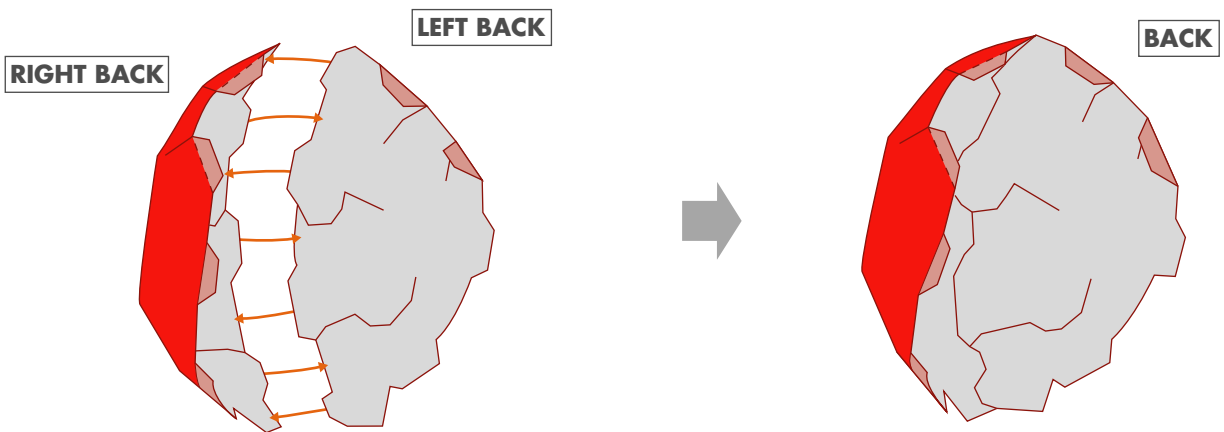
**★ Assemble the back and base.**

**8 Build the back**

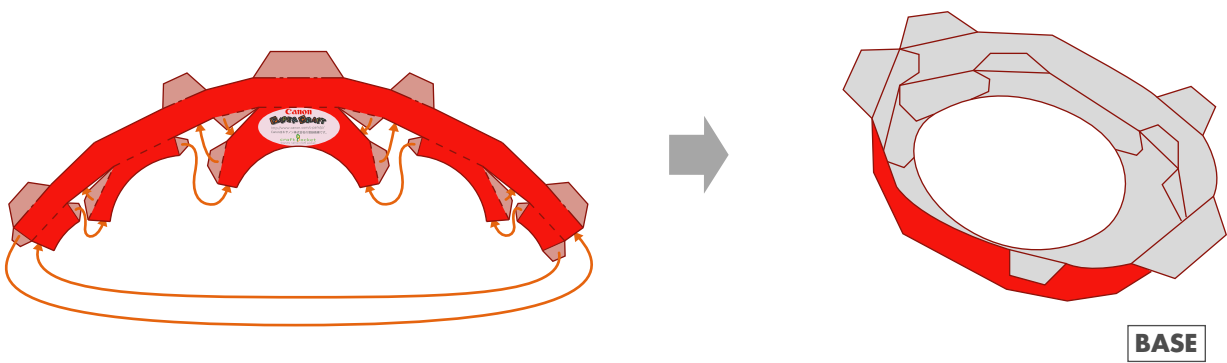


Assemble the left back in the same way.

**9 Assembling the back**

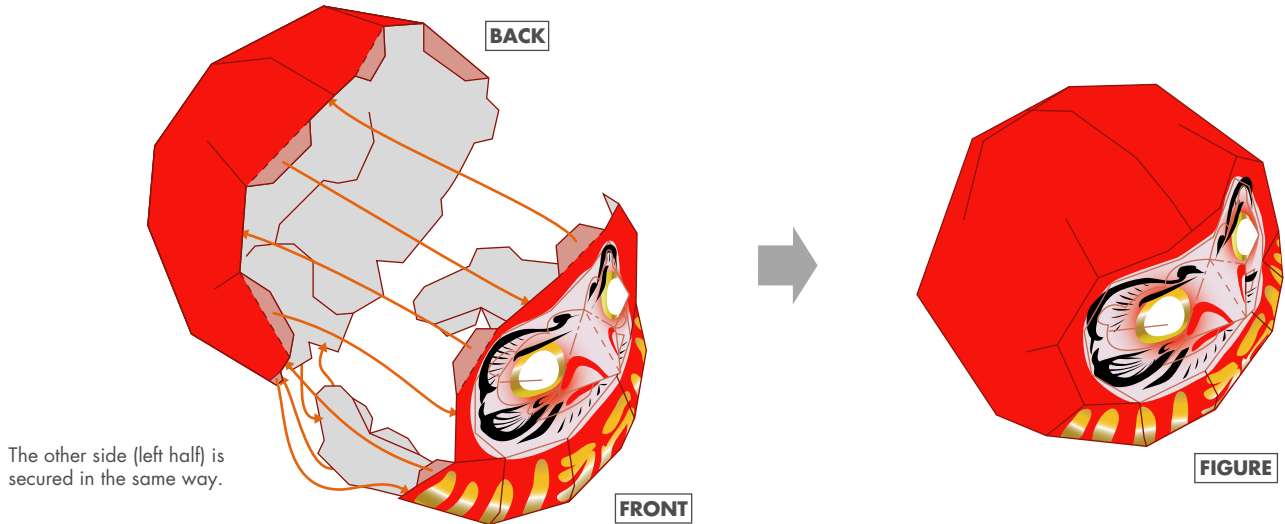


**10 Assembling the base**

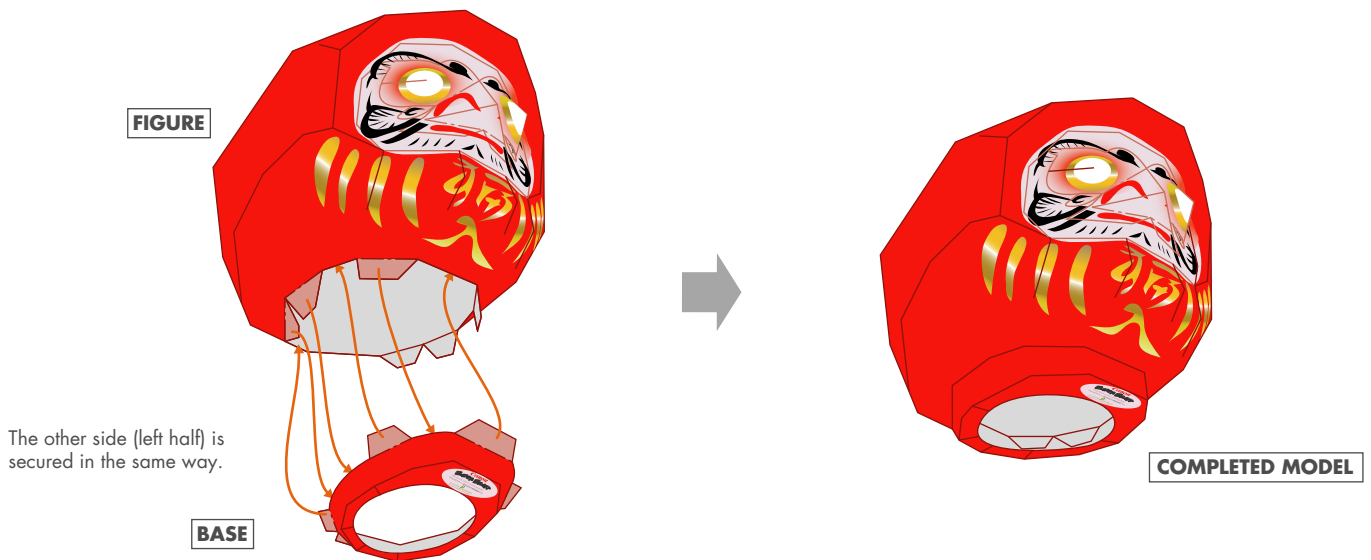


★ **Assembling the model and the interchangeable parts**

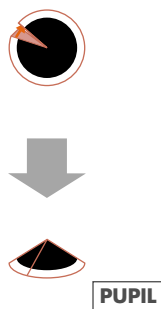
**11** Past the front and back together



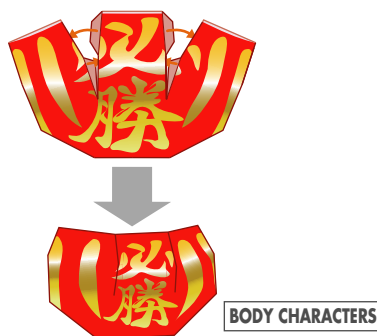
**12** Paste the model and base together



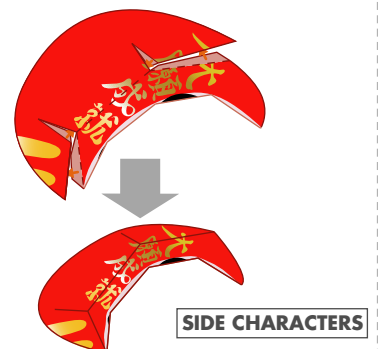
**13** Interchangeable parts: pupil



**14** Interchangeable parts: characters on body



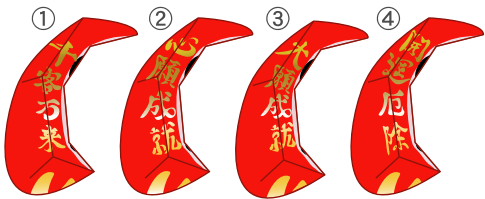
**15** Interchangeable parts: characters on side



★ **Interchangeable parts /Complete!**

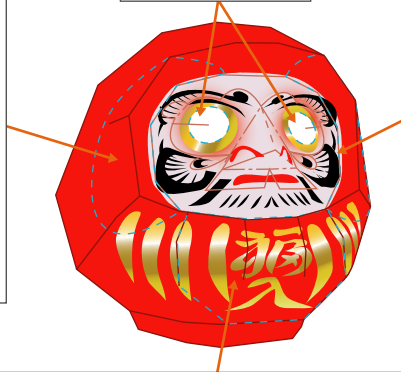
★ **Interchangeable parts**

**RIGHT SIDE CHARACTERS**

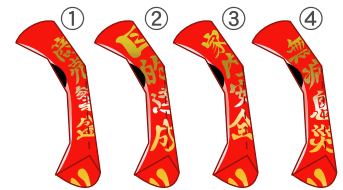


- ① A multitude of visitors (customers)
- ② May your heart's desire come true
- ③ May your greatest desire come true
- ④ Good fortune and protection from evil

**PUPILS**

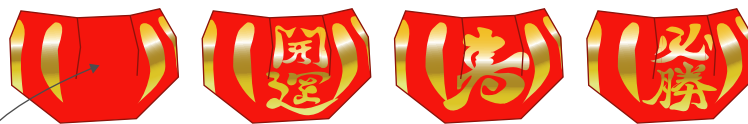


**LEFT SIDE CHARACTERS**



- ① Thriving business
- ② Achievement of one's goals
- ③ Well being of the family
- ④ Perfect health

**BODY CHARACTERS**



Plain

Good luck

Longevity

Victory

You can write your own message here

Paste on the characters and eye of your choice.

★ **Complete!**



Side view  
No pupils  
No front or side characters



Front view  
No pupils  
Front characters added



Front view  
One pupil added  
Front and side characters added